

Director of Girls Coaching

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Directors Summary

Our girls program is competitive with any other girls program in Richmond, Virginia. Between our full time coaching staff, part time coaching staff, events, philosophy, and priorities we are able to develop players to reach the next level. Players in our girls program consistently tryout and are involved in the Olympic Development Program, as well as continue their soccer career after graduating from high school.

We have an extensive college guidance program to assist players in the process of getting recruited for college soccer. We have had numerous female players move on to play college soccer after their club soccer and high school soccer career. The events our older girls' teams attend is great exposure for players who desire to play college soccer, and to be seen by college coaches across the country.



Girls Level of Play

PUMA TEAMS: PUMA teams represent the most competitive teams offered by Chesterfield United FC. The PUMA teams will select the top players in each age group beginning at U13. Our PUMA teams compete in the ASL Atlantic Soccer League (U15-U18 Boys), the Virginia Soccer League Incorporated (VSLI), and VCCL Virginia Club Champions League (on occasion). Our PUMA teams compete in quality events throughout the year as well. PUMA teams practice 2-3 times per week with games on the weekend. The program also includes UT2 United Technical Training, Goalkeeper clinics, Speed and Agility Training, and age specific skills training.

UNITED TEAMS: UNITED teams are generally comprised of U13-U18 players. The UNITED Travel program provides a competitive environment that falls just under the level of our PUMA team. The purpose of these teams is to provide an environment for like-ability players to develop and compete. Teams practice twice per week with games on the weekend. It is the focus of the UNITED teams to develop these players to their fullest soccer potential so that player movement may be achieved to the PUMA team. The program also includes UT2 United Technical Training, Goalkeeper clinics, Speed and Agility Training, and age specific skills training.

Try-Out Information

DATE: APRIL 3rd and 10th

AGE-GROUP: U16 and U17 TIME: 3pm-4:30pm

AGE-GROUP: U18 TIME: 4:30pm-6.00pm

@ United Training Center

2700 Swiftrun Road Chester, VA 23831

Complex is located behind the Lowes



Welcome
to
Chesterfield United FC



Girls Program



About Chesterfield United FC

Chesterfield United FC is looking to build on its club model and offerings by adding senior teams and advanced team programming in the Winter and Summer months.

These minor league caliber teams and US Club Soccer league initiatives would be at the top of the CUFC pyramid and will set the tone and provide positive mentorship for the three United FC core programs.

The three CUFC core programs include a two season recreational league of around 700 players per season, a competitive travel club program of 500+ players as well as a developmental program that includes the United Tots classes (3-5 yrs), the United Development Program "UDP" (6-11 yrs), Puma S-Liga-a summer training program similar to Super Y for our travel players, along with our United FC Summer Camp Series for boys and girls of all ages.

The 3 club priorities of; recreational leagues, travel teams and developmental programs offer a variety of playing levels, developmental options, cost packages, and opportunities for the players in the greater Richmond area.



Girls Program

- All Puma teams will compete in State Cup
- Puma teams will attend 5 events, United Teams will attend 4 events
- Specific goal keeper training once a week during the season for Puma and United goalkeepers
- Puma and United teams will train 2-3 times per week
- College Assistance Program



2010/2011 Results

U16s

1-1-1 2010 Greensboro Labor Day Showcase
Advanced to the later stages of State Cup
Beach FC Columbus Day tournament, Semi-finalist.
1-1 result vs. Ashburn Premier Gold (WAGS team at 2010 Capital Fall Classic

U17s

Competed in VCCL Fall 2010
Competed in 2010 VCCL Showcase
2-0-1 2010 Greensboro Labor Day Showcase
2011 Virginia Legacy President's Day Tournament, Finalist

U18s

Competed in VCCL Fall 2010
Competed in 2010 VCCL Showcase
3-0-0 2010 Greensboro Labor Day Showcase



College Assistance Program



Ultimately this program is designed to provide Chesterfield United FC players the support information and tools needed to succeed academically and athletically in college.

This process takes a lot of time, energy, and commitment from the player as well as total support from the parents.

We are here to help all our players achieve, so please feel free to contact Pat McStay if you have any questions.

Pat McStay
pmcstay@chesterfieldunited.com

United FC Product: Katie Keys

Katie Keys is a product of the Chesterfield United Girls Program and had a fantastic freshman year at King College, a NCAA Division 2 institute. Katie started 22 games in her freshman year and played a key part in King making the national tournament. Everyone at Chesterfield United is very proud of Katie's achievements this year and we wish her the best of luck in the future.

