



**Message From Matt Lacey,
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Chesterfield United Training Method**



The Chesterfield United training method has been designed to help create a brand of technical soccer that will lead to success in the future. It is important that Chesterfield United players are coached to improve as individuals, as I believe a team system is only as good as the players that are in them. If we are to play technical soccer we must make sure that all training sessions are technically driven to improve individual technique and small group play.

Within the Academy system the development of players must come before results. I believe that if we coach players the right way results will eventually come. Between the ages of 8 and 12 we are creating the foundations and more importantly creating an identity of how soccer should be played. All great professional teams have a club model of how soccer should be played and they coach players from a young age the club system. Barcelona has been a great example of this recently and they have become arguably the best team in the world by creating a club model. This is what we will do at Chesterfield United and that is why our job as coaches is so important to the future of the club and the development of soccer.

The main goal of any sport is to win but if we are to win consistently we must create teams full of technical players. The technical aspect of soccer is something that we can control as coaches and if we can create a culture in the club for developing technical players and teams we will eventually create some of the best teams in the state on a consistent basis. With the UDP program starting at U6 now, the players joining our travel program will be of a better level than before as they will have had the Chesterfield United Training Method from the ages of 4 or 5. If we can all buy into developing players individual technique the future for Chesterfield United will be very strong.

Try-Out Dates/Location

Age Group	Date/Time	Location
U9 Boys	Wednesday May 4, 5:30-7PM	Sportsquest 6
U10 Boys	Wednesday May 4, 5:30-7PM	Sportsquest 6
U11 Boys	Tuesday May 3, 5:30-7PM	Sportsquest 6
U12 Boys	Monday May 2, 5:30-7PM	Ironbridge park
U13 Boys	Monday May 2, 7-8:30PM	Ironbridge park
U14 Boys	Monday May 2, 7-8:30 PM	Ironbridge park

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U9 Girls	Wednesday May 4, 5:30-7PM	Sportsquest 6
U10 Girls	Wednesday May 4, 5:30-7PM	Sportsquest 6
U11 Girls	Tuesday May 3, 5:30-7PM	Sportsquest 6
U12 Girls	Tuesday May 3, 5:30-7PM	Sportsquest 6
U13 Girls	Tuesday May 3, 7-8:30PM	Sportsquest 7
U14 Girls	Tuesday May 3, 7-8:30PM	Sportsquest 7
U15 Girls	Tuesday May 3, 7-8:30PM	Sportsquest 7

To Register go to www.chesterfieldunited.com



**Connor's Heroes -
The Official Charity Of Chesterfield United
Visit - www.connorsheroes.org**



**U9 - U12 Travel Academy
and
United Development Program Guide**



www.chesterfieldunited.com

UFC ACADEMY TEAMS (U9-U12):

UFC Academy is the title designated for our U9 through U12 teams boys and girls. The UFC Academy Program emphasizes technical and physical development while encouraging individual creativity and expression.

The concept of academy teams is to create a bigger pool of players that will train together on a consistent basis. This pool of players would be split up into teams not based on ability. Talent is equally distributed through the teams in a particular age group thus reiterating the fact that development is the main focus. Quality training and creating a healthy learning environment is our goal.

The program's focus is not on winning but on developing each player to his or her fullest potential, preparing the players for success in the future. The program also includes UT2 United Technical Training, Goalkeeper clinics Speed and Agility Training and age specific skills training. In addition to regular team practices, United FC provides all travel players with year-round training opportunities conducted by our Directors of Coaching.

PUMA TEAMS (U11, U12):

PUMA teams represent the most competitive teams offered by Chesterfield United FC. The PUMA teams will select the top players from the Academy in each age group and may begin at U11 or U12.

New to Chesterfield United



The United Developmental Program—U6, U8, U10 All Boys and Girls Teams Starting Fall 2011

The United Developmental Program is a new technical initiative that is committed to improving and developing talented youth soccer players. The program will be offered to young players who are enthusiastic about soccer and have an interest in representing United FC Travel Teams. The United Developmental Program is offered to both boys and girls who fall into the following age group category's U6's, U8's, and U10's.

The primary goal of the program is to act as a transitional link between Recreational and Travel soccer, which will create the perfect learning environment for players to progress through the clubs stages of development

If you would like your child to receive enhanced skills training and to be involved in an educational experience that inspires players to be creative, perform with confidence, and to have fun while improving their overall soccer game and taking it to the next level then sign up for the United Developmental Program.

Sessions for United Developmental Program teams will be held twice a week and will consist of age specific technical training and small sided scrimmages. Professional and Licensed coaches from within the United FC Staff will conduct all sessions and monitor the progress of each player.

www.chesterfieldunited.com



Connor's Heroes is the official charity of United FC. They are a local nonprofit based in Chesterfield County, which provides hope, support, and guidance to children with cancer and their families. For more information, visit www.connorsheroes.org or call (804) 221-8991

